

# Put us on your schedule!



2009

## *20<sup>th</sup> Annual Viking Track Classic*



**Hosted by:** Montgomery High School

**Date:** Saturday, April 25

**First Event:** 9 a.m. **Last Event:** About 4 p.m.

**Site:** Montgomery High School, Santa Rosa

**Track/Timing:** All-weather surface; automatic timing

**Events:** A full range of standard high school track events for varsity along with several events for frosh-soph boys and open boys and girls.

**Information:** Meet schedule on reverse; if you're interested, please send email to address below.

Call MHS Coach Josh Dorris, (707)758-7143 or email [jadorris@hotmail.com](mailto:jadorris@hotmail.com), if you have questions.

## 2009 Viking Track Classic Schedule of Events and Meet Records

Event No.	Report Time	Start Time	Running Events	Meet Records
1	8:25	8:35	Open Men & Women 3200m	9:28.09, Hector Delgado, 2000
2	8:35	9:00	F/S Boys 4x100 Relay	45.90, Rancho Cotate, 1997
3	8:45	9:10	Varsity Girls 4x100 Relay	48.14, Berkeley, 2007
4	8:55	9:20	Varsity Boys 4x100 Relay	43:15. Hayward, 2003
5	9:05	9:30	Open Boys 1600	4:35.62, Brandon Felipe, Petaluma, 2008
6	9:25	9:50	Open Girls 1600	5:22.95, Cara Curtin, Maria Carrillo, 2007
7	9:45	10:10	F/S Boys 1600	4:28.8, Regan Masi, Montgomery, 2000
8	10:00	10:25	Varsity Girls 1600	4:50.5 Julia Stamps, Santa Rosa, 1996
9	10:15	10:40	Varsity Boys 1600	4:19.6, Dan Brecht, Petaluma, 1995
10	10:30	10:55	Varsity Girls 100 Hurdles	15.07, Whitney McGee, Berkeley, 2007
11	10:50	11:15	Varsity Boys 110 Hurdles	14.45, Chucky Ryan, Elsie Allen, 1998
12	11:05	11:30	Open Boys 400	52.72, Ted Jenkins, M. Carr, 2002
13	11:20	11:45	Open Girls 400	1:01.6, Ryana Smith, Hayward, 2002
14	11:35	12:00	F/S Boys 400	50.91, David Tange, Petaluma, 2008
15	11:45	12:10	Varsity Girls 400	55.65, Rose Criss, Analy, 1997
16	11:55	12:20	Varsity Boys 400	47.54, Corey Nelson, Rancho Cotate, 1995
17	12:05	12:30	Open Boys 100	11.57, Diminique Jones, Petaluma, 2005
18	12:25	12:50	Open Girls 100	13.13, Nicole Grant, Casa Grande, 1997
19	12:45	1:10	F/S Boys 100	11.30, Vernon Williams, Pittsburg, 1998
20	1:00	1:25	Varsity Girls 100	12.42, Tracy Webster, Analy, 2003
21	1:15	1:40	Varsity Boys 100	10.63, Cameron Island, Skyline, 2005
22	1:30	1:55	Varsity Girls 800	2:15.0, Julia Stamps, Santa Rosa, 1996
23	1:45	2:10	Varsity Boys 800	1:54.83, Blake McDowall, Montgomery, 2007
24	2:00	2:25	Varsity Girls 300 Hurdles	45.73, Lisa O'Connor, Mission San Jose, 1999
25	2:15	2:40	Varsity Boys 300 Hurdles	38.20, Jason Andrews, Rancho Cotate, 1997
26	2:30	2:55	Varsity Girls 200	25.02, Chaune David-Jacobs, Burton, 2005
27	2:45	3:10	Varsity Boys 200	21.24, Corey Nelson, Rancho Cotate, 1995
28	3:00	3:25	Varsity Girls 3200	10:14.6, Sara Bei, Montgomery, 2001
29	3:15	3:40	Varsity Boys 3200	9:20.85, Steve Laurie, Maria Carrillo, 1999
30	3:30	3:55	F/S Boys 4x400 Relay	3:38.43, Lowell, 2003
31	3:40	4:05	Varsity Girls 4x400 Relay	3:55.42, Lowell, 2008
32	3:50	4:15	Varsity Boys 4x400 Relay	3:25.35, Healdsburg, 2005
33	8:30	9:00	Varsity Girls Shot Put	42-02, Coreen DeLosSantos, Ukiah, 1993
34	8:30	9:00	Varsity Boys Discus	169-11, Brian Chase, Cardinal Newman, 1996
35	8:30	9:00	Varsity Boys Long Jump	22'06.75", Alex Prince, Terra Linda, 2003
36	8:30	9:00	Varsity Girls High Jump	5-10, Mindi Wiley, Sonoma 2003
37	8:30	9:00	F/S Boys Pole Vault	12'08", Martin Field, Montgomery, 2003
38	9:30	10:00	Varsity Girls Long Jump	19'4", Amey Mitchell, Rancho Cotate, 1990
39	11:00	11:30	F/S Boys Shot Put	54-06.5, Brian Chase, Rincon Valley JH, 1994
40	11:00	11:30	Varsity Girls Discus	138-08, Alexaray Toeaina, Pittsburg, 2003
41	10:45	11:15	Varsity Boys High Jump	6-10, Kevin Weaver, McKinleyville, 1999
42	11:00	11:30	Varsity Girls Pole Vault	11-3 1/2, Melissa Adams, Rancho, 2003
43	11:30	12:00	Varsity Boys Triple Jump	45-03.25, Maurice White, Rancho Cotate, 2001
44	1:30	2:00	Varsity Boys Shot Put	59-05.5, Daniel Erdman, Healdsburg, 2007
45	1:30	2:00	F/S Boys Discus	145-00.50, Travis Baker, Santa Rosa, 2008
46	1:30	2:00	Varsity Boys Pole Vault	15-04, Rene Loraine, Petaluma, 1995
47	12:30	1:00	Varsity Girls Triple Jump	36-09.5, Maggie Farrar, Petaluma, 2001