



C. A. Track Club Track Meet

March 24, 2007

LOCATION: Skyline High School, 12250 Skyline Blvd, Oakland

TIME: All field events will begin at 8:00am and running events will begin at 9:00am

ELIGIBLE ATHLETES:

<u>Age Division</u>	<u>Birth Year</u>
Sub Bantam	1999+
Bantam	1997 to 1998
Midget	1995 to 1996
Youth	1993 to 1994
Open	1989 to 1992

ORDER OF EVENTS:

Running Events:

1500M Racewalk (Bantam – Midget)
3000M Racewalk (Youth – Open)
4x100 Relay
1500M
80H/100H/110H (Midget – Open)
100M
800M (Bantam – Open)
200H (Youth Girls/Boys)
400M
★ Coaches/Parent Relay ★
200M
3000M (Midget – Open)
4x400 Relay

Field Events (3 attempts):

Long Jump
Triple Jump (Youth – Open)
Shot Put (Bantam – Open)
Discus (Midget, Youth, Open)
High Jump (Bantam – Open)
Mini Jav (Bantam, Midget)

REGISTRATION & ENTRIE FEES: Registration and meet entries should be completed at www.ezmeets.com. The deadline for all entries is midnight, Saturday, **March 17th**.

There will be **NO** day of meet registration!

All entries made by the deadline will be returned for verification (via email) by Tuesday, March 20th. Any changes/corrections necessary **MUST** be returned via email to adibrell@pacbell.net by **5pm Thursday, March 22nd**.

Entry fee is **\$6.⁰⁰ per athlete**. Personal Checks will not be accepted. Payments should be postmarked **by March 17th** to

C. A. Track Club
360 Grand Ave, Suite 73
Oakland, CA 94610

Late entries are \$8.00 per athlete. There will be a \$25 fee added to any returned checks.

CHECK IN: There will be a 1st, 2nd, and Final Call for all events (running and field). All participants **MUST** check in with the clerk of the course by the Final Call. Any athlete not checked in by the Final Call, will be scratched from the event.

COACHES MEETING: The Coaches meeting will begin promptly at 8:00am on the field. Every team will need to send one spokesperson for their team for day of meet scratches.

RESULTS: All results will be posted following each event, at the top of the bleachers. The results will also be available after the meet at www.catrackclub.com.

AWARDS: Ribbons will be awarded to all finishers.

CONCESSIONS: Snack bar will be available.

MEET DIRECTOR: If you have any questions, contact Aliya Dibrell at adibrell@pacbell.net or (510) 220-4721

Tents will be allowed only at the top of the stands.